Rutland Adult and Community Learning

Course Guide

January to March 2027

Learning for Life and Work

Learning for Wellbeing



LIVING WELL LEARNING

LIVING WELL RUTLAND

Rutland County Council

Learning for Life and Work

English for Speakers of Other Languages - Beginners

LES18OAT3	Fri	09:30 - 11:30	08/01/27 - 19/03/27	10 wks	Free*	Oakham Library

Develop your English communication skills and fluency whilst exploring elements of British culture, history and geography.

Introduction to Computers

DIS10OAT3	Fri	10:00 - 12:00	22/01/27 - 12/02/27	4 wks	Free*	Oakham Library

Learn how to identify and use the different parts of a computer, use a mouse to execute commands, access and browse the internet, access your emails and more. This course will be taught on Windows 11 laptops.

Digital Functional Skills - Entry 3

DFS11OAT3	Tues	09:30 - 12:00	23/02/27 - 06/07/27	16 wks**	Free*	Oakham Library

Boost your digital literacy and work towards an Entry 3 qualification as you learn how to handle information, create documents, stay safe online, and more. ***Plus exam on 6th July*

Get to Know Your Smartphone or Tablet

DIS15KET4	Fri	10:00 - 12:00	26/02/27 - 19/03/27	4 wks	Free*	Ketton Library

Bring your phone or tablet along and explore its features whilst learning how to set appropriate security levels, connect to Wi-Fi and use the internet, install apps and communicate with friends and family.

Staying Safe Online course coming next term...



> Really enjoyed this course. it has added to my iPhone skills and improved my confidence to explore further. The tutor has been knowledgeable in applying the course and very helpful in answering queries.

*funding eligibility criteria applies

01572 758122 adultlearning@rutland.gov.uk www.ralss.org.uk

Learning for Life and Work

Emergency First Aid at Work - Level 3 Award

FAWU4OA	Tues	10:00 - 16:00	12/01/27	1 day	£75	Oakham Library

Learn about resuscitation, choking, bleeding control, burns, anaphylaxis, your responsibilities and more. Upon achievement, you will also gain a Level 3 Award that meets the Health and Safety Executive's requirements for emergency first aiders in the workplace. *As this course is unfunded, fee concessions are not available.*

Paediatric First Aid - Level 3 Award

PFAU9OA	Sat	10:00 - 16:00	16/01/27 & 23/01/27	2 days	£100	Oakham Library
PFAU10OA	Sat	10:00 - 16:00	13/03/27 & 20/03/27	2 days	£100	Oakham Library

Learn about resuscitation, choking, infantile convulsions, meningitis, foreign bodies, your responsibilities and more. Upon achievement, you will also gain a Level 3 Award that meets the requirements of Ofsted and the statutory frameworks for the Early Years Foundation Stage. *As this course is unfunded, fee concessions are not available.*

First Aid for Mental Health - Level 2 Award

FAMU18UP	Tues	10:00 - 16:00	16/03/27	1 day	£75	Uppingham Library

Learn about the most common mental health conditions, their effects and how to support people with mental health conditions at work. Upon achievement, you'll gain a qualification that's valid for three years and means you can be classed as a Mental Health First Aider in the workplace. *As this course is unfunded, fee concessions are not available.*

> Rose is a great course leader. I have taken a lot from this.
>
> Perfectly conducted. Thank you.



*funding eligibility criteria applies

01572 758122 adultlearning@rutland.gov.uk www.ralss.org.uk

Learning for Wellbeing



Italian Year 1						
LIT3UPT3	Fri	13:45 - 15:45	08/01/27 - 19/03/27	10 wks	£150 / £75	Uppingham Library
Continue learning the basics of the Italian language and exploring Italian culture in the second term of this Year 1 course.						

Italian Year 3						
LIT4OAT3	Weds	13:30 - 15:30	06/01/27 - 24/03/27	11 wks	£165 / £82.50	Oakham Library
Develop your existing (CEFR A1 - A2) Italian language skills and gain confidence when speaking, listening, reading and writing.						

Spanish Year 1						
LSP1OAT3	Thurs	13:00 - 15:00	07/01/27 - 18/03/27	9 wks	£135 / £67.50	Oakham Library
Continue learning the basics of the Spanish language and exploring Spanish culture in the second term of this Year 1 course.						

Introduction to Silk Painting						
ASPU16UPT3	Tues	09:30 - 12:30	26/01/27	1 day	£35.50	Uppingham Library
ASPU17KET3	Thur	09:30 - 12:30	18/03/27	1 day	£35.50	Ketton Library
Learn how to use vibrant paints to create your own colourful and unique design on silk. *As these courses are unfunded, fee concessions are not available.*						



Learning for Wellbeing

Spanish Conversation Skills						
LSPU1OAT3	Thurs	13:00 - 15:00	07/01/27 - 18/03/27	9 wks	£171	Oakham Library
Learn how to use a range of Spanish expressions and improve your conversation listening and writing skills whilst acquiring a deeper understanding of the structure of the Spanish language. Suitable for adults whose current Spanish skills are at an advanced B2 level. *As this course is unfunded, fee concessions are not available.*						



Employer Support



Would you like to upskill your workforce?

We can offer a range of qualification and non-qualification courses to help upskill your employees, such as:

- Emergency First Aid at Work
- Paediatric First Aid
- First Aid at Work (bespoke bookings only)
- Mental Health First Aid
- English and Maths
- Digital Skills, Word and Excel

Some courses can be designed to meet your specific needs or delivered in your workplace where suitable.

For more information, please email us at adultlearning@rutland.gov.uk.

Rutland's Businesses Training Needs (excluding education and childcare providers)

Rutland's Education and Childcare Sector Training Needs

Take our surveys to tell us about your training needs!

01572 758122 adultlearning@rutland.gov.uk www.ralss.org.uk

Get Started

To find out about our courses:

- go to www.ralss.org.uk
- email us at adultlearning@rutland.gov.uk
- call us on 01572 758122
- speak to a Community Access Worker at one of Rutland's libraries

Fees and Funding:

Most of our courses are subsidised using funding from the Department of Work and Pensions. Some courses are subsidised but still have a fee to pay, and others are free for learners who meet the funding criteria. Where a fee is paid, our standard rate is £7.50 per hour, but the cost of some courses (including unfunded courses) may be higher depending on the subject. Adults who reside in devolved areas are not eligible for funding and should contact us to discuss their options.

Financial Support

Tailored Learning concessions

You could receive a 50% discount on Tailored Learning courses if you are in receipt or, or are the unwaged dependent of someone who is in receipt of, certain state benefits. You could also be eligible for concessions if your gross annual household income is less than £26,800 per year.

Discretionary Learner Support Fund

If you're unemployed or on a low income and are enrolled onto one of our qualifications, we may be able to help you with your transport, exam, awarding body registration or childcare costs through our Discretionary Learner Support Fund. If you are attending our non-qualification ESOL courses, we may also be able to help with your transport costs.

Information, Advice and Guidance (IAG)

Our free, impartial IAG service can help you find the right course with us or other providers, access employment and wellbeing support services, and more.

Find Us



Rutland Adult & Community Learning
Rutland County Council
Catmose House
Catmos Street
Oakham
Rutland
LE15 6HP

email: adultlearning@rutland.gov.uk
call: 01572 758122
website: www.ralss.org.uk

Most of our courses are delivered from Rutland's four public libraries:

Oakham Library
Catmos Street
Oakham
Rutland
LE15 6HW
01572 722918

Uppingham Library
Queen Street
Uppingham
Rutland
LE15 9QR
01572 722918

Ryhall Library
Coppice Road
Ryhall
Rutland
PE9 4HY
01780 751726

Ketton Library
High Street
Ketton
Rutland
PE9 3TE
01780 720580