

# Distance Learning Course Information

# Understanding Autism

**Qualification type: Level 2 Certificate**

**Method of study: Online**

**Duration: up to 16 weeks**

## What does the qualification cover?

This qualification aims to develop learners' understanding of autism and the principles of supporting individuals with autism - covering the person-centred approach and influence of positive communication methods, how to support positive behaviour, and how individuals with autism can be supported to live healthy and fulfilled lives.

It is designed for learners who wish to develop an understanding of autism and how to support individuals with autism. Its objective is to help learners to progress within employment in a variety of sectors, and in a number of job roles where an understanding of autism and knowledge of how to support people with autism is required.

## How is the qualification structured?

To achieve this qualification, learners must complete the following mandatory units:

- Introduction to autism
- Using a person-centred approach to support individuals with autism
- Communication and social interaction in individuals with autism
- Sensory processing, perception and cognition in individuals with autism
- Supporting positive behaviour in individuals with autism
- Supporting individuals with autism to live healthy and fulfilled lives

## What could I do after this qualification?

This qualification could be useful for those working or wishing to work in healthcare, social care, leisure, entertainment, education and training or nursing. Learners could also progress onto further qualifications, such as a Diploma for the Children's Workforce or in Health and Social Care, a Certificate in Preparing to Work in Adult Social Care, or a Level 3 Certificate in Understanding Autism.